

# VRS Student Career Services:

## ..... Two Levels of Support

### Introductory Career Services “Pre-ETS Only”

#### Which VRS Staff Coordinates These Services?

Your school's **Pre-ETS Representative** is:

Renae Hampton: Renae.Hampton@state.mn.us

#### Which Students Should be Referred?

- ★ Students with IEPs, 504 plans, or other medical/mental health documentation
- ★ Students ages 14-21 can apply to either program at any time

- Typical starting point for students in 9th, 10th, or 11th grade
- Serves as a “first step” for students who may only need Introductory Career Services

#### What are the Services?

May include any of the 5 Pre-Employment Transition Services (Pre-ETS) as needed:

- Job Exploration
- Work-Readiness Training
- Work Experiences
- Self-Advocacy Training
- Training and College Exploration

#### How Long Can a Student Receive Services?

Services available ONLY while enrolled in school.

### Vocational Rehabilitation (VR) Career Services “Pre-ETS Plus”

#### Which VRS Staff Coordinates These Services?

Your school's **VR Counselor** is:

Cindy.Matheson@state.mn.us: Cromwell, Esko, Lake Superior, McGregor, Proctor  
Josephine.Grabowski@state.mn.us: Cloquet  
Cassie.Campbell@state.mn.us: Barnum, Carlton, Moose Lake, Willow River, Wrenshall  
Andy.Larson@state.mn.us: Hermantown

#### Which Students Should be Referred?

- Typical starting point for students in 11th and 12th grade or 18-21 transition programming
- May serve as a “next step” for students requiring supports beyond Introductory Career Services

#### What are the Services?

May include any of the 5 Pre-Employment Transition Services (Pre-ETS) plus extra services and supports as needed (i.e. coaching to support a work experience).

Plus supports after high school graduation to help with:

- Postsecondary education or training
- Finding a job
- Keeping a job

#### How Long Can a Student Receive Services?

As long as needed. Also, people at any age can apply or re-apply for services.

## Provided in Partnership with Schools!

Contact the VRS Pre-ETS Representative or VR Counselor who are happy to consult about how to partner and which path is best for each student.

DEED 70392-01 (08/2021)